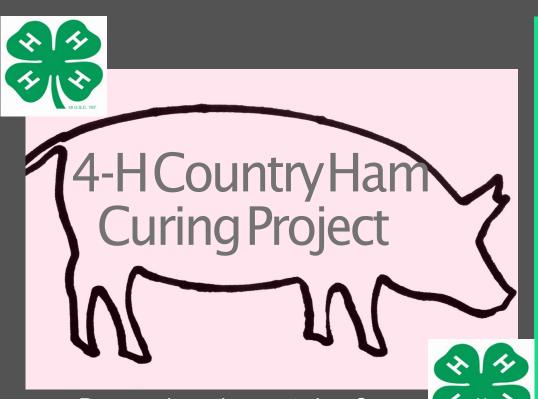


# College of Agriculture, Food and Environmen

Cooperative Extension Service







Do you enjoy eating country ham?
Do you want to learn how to cure your own country ham?
Are you looking for something fun the entire family can participate in?

# A PROJECT THE ENTIRE FAMILY CAN COMPLETE

# Youth 6-8 years old

- 1 Ham
- Cost\$40.00

# Youth 9-18 years old

- 2 Hams
- Cost \$60.00
- Can participate in country ham auction

### Adults

- 1 Ham
- Cost \$40.00

#### Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546











# Country Ham Registration Due December 15<sup>th</sup>, 2022

4-H members throughout the state learn how to prepare their hams for the fair, where their meat is judged by commercial country ham producers according to its smell, taste, roundness, color, and texture.

In January, we will start the project with the curing process. This is done in our ham barn at the Anderson County Extension Office. **Date anticipated start date January 16th.** May 19<sup>th</sup> youth will complete the ham shucking process.

After the hams are cured: We have set the date of August 10th or youth to clean hams for the KY State Fair. Youth are required to give a speech at the KY State Fair on the morning of August 17, 2023.

#### **2023 Country Ham Speech Topics**

<u>Junior (Born 2013– 2009)</u>; Discuss the history of the country ham. Country ham is considered a Southeastern food, but that was not always the case. Before mechanical refrigeration, salting food was a common preservation method. Discuss the history of the country ham and how it became part of Kentucky's food heritage.

<u>Senior (Born 2004 – 2008)</u>; Discuss the pests that infest country hams and how to control them. Country hams are susceptible to various pests; identify those pests and discuss the various ways the pests can be controlled and/or eliminated.

**Cost:** Participants pay \$60.00 and will receive 2 hams for completing this project. Failure to complete the project will result in your forfeiture of the 2 hams and \$60.00 fee. Deadline for enrolling in the project is **Wednesday December 15, 2021.** Please complete the enclosed form and include payment. \$60.00 (checks made payable to Anderson County 4-H Council, and mail to Anderson County Extension Office, 1026 County Park Road, Lawrenceburg, KY 40342)

Sincerely,

Swam Campbell

Susan Campbell, Anderson County Extension Agent for 4-H Youth Development

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# 4-H YOUTH DEVELOPMENT





## 2023 Kentucky 4-H Country Ham Project

ADDRESS					
ELEPHONE	COUNTY				
SIRTHDATE	GRADE				
lease read each and initial yo	ou understand the requireme	nts of the project:			
	ntry ham project, i am re		4-H Member initial	Parent Initial	
Must complete 6 hours of tra olunteer.	ining under the supervision	of a certified livestock			
Senior (Born 2004 – 2008); Disc control them. Country hams are	ommon preservation method. Disc art of Kentucky's food heritage. uss the pests that infest country susceptible to various pests; ident s can be controlled and/or eliminat	y hams and how to ify those pests and			
OR THEY WILL BE DIS-QUALIFI		EAST 2 MINUTES LONG			
orfeit, if the two hams are not retu	ceive 2 hams  e will NOT be refunded and you ware  irned an additional \$60.00 fee will  nember will not be able to participa	be charged and if the			
Il winning hams will be placed of	on display at the Kentucky State	Fair and will be returned	at its conclu	sion.	
arents Signature	Date		Completion of the 4-H Country Har project makes 4-Her eligible to app		
-H'er Signature	Date	for Count	for Country Ham Scholarship, applications are due July 2023.		
				ily 2023.	

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