



Do you enjoy eating country ham?
Do you want to learn how to cure your own
country ham?
Are you looking for something fun the entire
family can participate in?

A PROJECT THE
ENTIRE FAMILY
CAN COMPLETE

Youth 6-8 years old

- 1 Ham
- Cost \$40.00

Youth 9-18 years old

- 2 Hams
- Cost \$60.00
- Can participate in country ham auction

Adults

- 1 Ham
- Cost \$40.00

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.



Country Ham Registration Due December 15th, 2022

4-H members throughout the state learn how to prepare their hams for the fair, where their meat is judged by commercial country ham producers according to its smell, taste, roundness, color, and texture.

In January, we will start the project with the curing process. This is done in our ham barn at the Anderson County Extension Office. **Date anticipated start date January 16th.** May 19th youth will complete the ham shucking process.

After the hams are cured: We have set the date of August 10th or youth to clean hams for the KY State Fair. Youth are required to give a speech at the KY State Fair on the morning of August 17, 2023.

2023 Country Ham Speech Topics

Junior (Born 2013– 2009); Discuss the history of the country ham. Country ham is considered a Southeastern food, but that was not always the case. Before mechanical refrigeration, salting food was a common preservation method. Discuss the history of the country ham and how it became part of Kentucky's food heritage.

Senior (Born 2004 – 2008); Discuss the pests that infest country hams and how to control them. Country hams are susceptible to various pests; identify those pests and discuss the various ways the pests can be controlled and/or eliminated.

Cost: Participants pay \$60.00 and will receive 2 hams for completing this project. Failure to complete the project will result in your forfeiture of the 2 hams and \$60.00 fee. Deadline for enrolling in the project is **Wednesday December 15, 2021**. Please complete the enclosed form and include payment. \$60.00 (checks made payable to Anderson County 4-H Council, and mail to Anderson County Extension Office, 1026 County Park Road, Lawrenceburg, KY 40342)

Sincerely,

Susan Campbell, Anderson County Extension Agent for 4-H Youth Development





2023 Kentucky 4-H Country Ham Project

NAME _____

ADDRESS _____

TELEPHONE _____ COUNTY _____

BIRTHDATE _____ GRADE _____

Please read each and initial you understand the requirements of the project:

By taking part in the country ham project, I am responsible for the following:	4-H Member initial	Parent Initial
Must complete 6 hours of training under the supervision of a certified livestock volunteer.		
<p>Giving a 3-5-minute presentation at KY State Fair on the required topic: Junior (Born 2013– 2009); Discuss the history of the country ham. Country ham is considered a Southeastern food, but that was not always the case. Before mechanical refrigeration, salting food was a common preservation method. Discuss the history of the country ham and how it became part of Kentucky’s food heritage.</p> <p>Senior (Born 2004 – 2008); Discuss the pests that infest country hams and how to control them. Country hams are susceptible to various pests; identify those pests and discuss the various ways the pests can be controlled and/or eliminated.</p> <p>Please note – ALL SENIOR’S PRESENTATIONS MUST BE AT LEAST 2 MINUTES LONG OR THEY WILL BE DIS-QUALIFIED AND HAMS FORFIETED.</p>		
Pay \$60.00 fee – you will receive 2 hams (failure to complete the project, fee will NOT be refunded and you will forfeit both hams, Upon forfeit, if the two hams are not returned an additional \$60.00 fee will be charged and if the additional fee is not paid the 4-H member will not be able to participate in next years’ country ham project).		

All winning hams will be placed on display at the Kentucky State Fair and will be returned at its conclusion.

Parents Signature Date

4-H'er Signature Date

Agent Signature Date

Completion of the 4-H Country Ham project makes 4-Her eligible to apply for Country Ham Scholarship, applications are due July 2023.

