Anderson County Extension Service
March/April 2016
Programs and Classes

Family and Consumer Sciences

“Blue to You”
March 14, 6:00 p.m. at Anderson County Senior Center
Learn more about help for depression. This program is educational and no treatment is provided or implied.

Veterans Program at Open Hands Food Pantry
March 15, 1 – 3:30 p.m.

“Taking Ownership of Your Diabetes”
Begins March 15, 5:30 – 7 p.m.; Six week program
This program will help individuals and their families learn to manage diabetes. Taste samples of healthy food with a Caribbean twist. Taking Ownership of Your Diabetes is a FREE class but you must register in advance. It is recommended that at least two family members attend.

Festival of Foods
March 22, 6:00 p.m., $5
Join the homemakers for this annual event! Sample foods from various regions of the United States. Auction will benefit Extension Homemaker community projects.

Nutrition at Senior Center
March 23, 10:30 a.m.
Sample Sizzling Chicken and Rice

“Healthy Homes for Healthy Living”
Mercer County Extension Office
March 31, 9:15 a.m. - $12 Registration (fee includes lunch and program materials)
Learn how to ensure your home isn’t making you and your family sick.
There will be information on home organization and de-cluttering, as well as tips on downsizing, selecting a reliable contractor, and more! Pre-registration is required. Deadline to register is March 23. Information is available at the Extension Office.

“Embracing Life as You Age – Managing Financial Affairs”
Anderson County Senior Center
April 6, 10:30 a.m.

“Make Do & Repair”
April 27, 3:00 p.m.
Learn about new products to help repair clothing. Don’t let small repairs stand between you and your favorite garment!

Call the Extension Office at 502-839-7271 to register for above classes. All classes are free unless otherwise indicated.

Agriculture Related Activities

Private Applicator Pesticide Training:
Tuesday, March 15th at 1:30 p.m. or Tuesday, April 19th at 6 p.m
Proper use and handling safety of agriculture chemicals makes both economic and personal health sense. By law anyone using chemicals classified as “restricted use” must have a valid private applicator certification card. The only way to keep this card current is to attend pesticide update training on proper use and handling.

Anderson County Cattlemen Meetings:
March 29, 6:30 p.m.
April 25, 6:30 p.m.

4-H/Youth Development

Dog Club: Youth get to work with their dog to learn responsibilities of dog ownership, demonstrate dog care and management, feeding, care, handling, grooming and obedience. Dog Club meets the 1st Thursday of each month and the 3rd Monday at 6:30 p.m. at the Anderson County Extension Office. Scheduled meeting dates are: March 3rd and 21st and April 7th and 18th.

Livestock Club: Through livestock programs and projects youth learn about livestock selection and evaluation, nutrition and feeding, health and daily care, reproduction, marketing, and much more. In addition, youth learn the importance of hard work and responsibility, and also develop important life skills such as critical thinking, decision-making, and communication. Livestock Club meets on the 2nd Thursday and 4th Tuesday, 4:00 p.m. at the Anderson County Extension Office. Scheduled meeting dates: March 10th and 22nd, and April 14th and 26th.
**Shooting Sports Club:** Is an introduction to the safe and responsible use of firearms and archery equipment which is a valuable life skill, trains youth to handle and shoot firearms safely, and teaches leadership and responsibility in a non-formal environment while offering fun activities for youth and adults. Practice will be at the Sportsman Club in Anderson County, weather permitting. Notice of changes/cancellations will be made on the Anderson County 4-H Facebook page. Scheduled meeting date is March 14th at 6:30 p.m. at the Anderson County Sportsman Club. Members need to bring side dish and drink.

**Teen Club:** Teens meet to learn leadership and communication skills, socialize and discuss fun ways to meet community needs. This club is for 6th – 12th grade and meets the first Tuesday of every month from 4 – 6 p.m. at the Extension Office. Scheduled meeting dates are March 8th and April 5th.

**Teen Conference:** Delegates choose from among several interest areas for tracks, college visits, tours, workshops, and issues seminars. Objectives accomplished through these activities, plus speakers, group living, recreation, recognition programs, election of officers, & Fashion Revue help to ensure active youth involvement. Conference is June 13 – 16th, 2016. Deadline to register is May 10th.

**4-H Summer Camp:** July 11 – 14, 2016 – Applications are available at our office!!

**Cloverbud Summer Camp:** This camp is for youth 6 – 8 years of age. July 22 – 24th.